



PROACTIVE PRESENTATIONS

PROVIDING ADOLESCENTS AND THEIR PARENTS TOOLS TO NAVIGATE SAFELY THROUGH THE 21ST CENTURY.

Fact: Adolescents normalize and justify abusive and unhealthy relationship dynamics.

Intervention: Provide youth education and guidance around healthy relationships and dating.

Fact: Parents/guardians rarely know or understand the laws that could impact their child's future.

Intervention: Provide knowledge and guidance around the complexities of raising adolescents in the age of the internet and technology.

Cheryl A. Kosmerl, MSW, LCSW



Mission: to deter adolescents from becoming future court-ordered clients by guiding them into a bright and successful future.

Approach: professional, therapeutic and empowering

- 17 successful years in the social work field
- 10 years working with kids involved in the juvenile justice system
- Specialization in working with children, adolescents and their families who have experienced abuse, neglect, trauma and tragedy

TOGETHER, WE CAN BUILD STRENGTHS TO EMPOWER YOU OR YOUR CHILD TO MAKE POSITIVE CHANGES AND IMPROVE RELATIONSHIPS.

“ **Your program is a great resource that needs to be in ALL the schools.** - Parent of 13 year old female participant

I found my strength, beauty, potential voice and power. You helped me find it. Thank you. I am more than grateful.
- 15 year old female participant

You are very accessible for the kids to relate to but also commanding of authority. - Parent of 16 year old male participant

She did a really good job explaining thoroughly and making sure we understood everything. This helped me become a better person.
- 16 year old male participant ”

BUILDING A FOUNDATION FOR HEALTHIER ADOLESCENT YEARS. HEAVY FOCUS ON SKILLS BUILDING TO USE IN ALL AREAS OF THEIR LIVES.

1 IN 4
TEENS SEXT*

EXPLORING DIFFERENT TYPES OF RELATIONSHIPS, ABUSE AND THE LAW. TEACHING BYSTANDER INTERVENTIONS, SOCIAL SKILLS AND HOW TO BE EMPATHIC TOWARDS OTHERS.

1 IN 3
YOUNG PEOPLE WILL BE IN AN ABUSIVE OR UNHEALTHY RELATIONSHIP.**

PREVENTING ADOLESCENTS FROM GETTING ARRESTED, MAKING FUTURE HEADLINES, AND BECOMING A STATISTIC.

33%
OF ADOLESCENTS IN AMERICA ARE VICTIM TO SEXUAL, PHYSICAL, VERBAL, OR EMOTIONAL DATING ABUSE.***

EDUCATING PARENTS ABOUT DATING, RELATIONSHIPS, SEX AND PORNOGRAPHY IN THE AGE OF THE INTERNET. PROVIDING TOOLS TO IMPROVE COMMUNICATION AND TO EXECUTE THOSE DIFFICULT CONVERSATIONS.

*Teen sexting and its association with sexual behaviors. Arch Pediatr Adolesc Med. 2012 Sep; 166(9): 828-833. doi: 10.1001/archpediatrics.2012.835

**Liz Claiborne Inc and The Family Fund. "Teen Dating Abuse 2009 Key Topline Findings." http://nomore.org/wp-content/uploads/2014/12/teen_dating_abuse_2009_key_topline_findings-1.pdf

*** The NO MORE Project. "Dating Abuse Statistics." www.loveisrespect.org. Accessed April 22, 2014.

PERSONALIZE A TRAINING TO MEET THE INDIVIDUALIZED NEEDS OF YOUR SCHOOL GROUP OR ORGANIZATION. DISCOUNTS PROVIDED FOR BUNDLING LARGE GROUP PRESENTATIONS OR HOSTING AN IN-HOME PRESENTATION. CONTACT ME TODAY TO LEARN MORE.